The Faculty and Staff Assistance Program (FSAP) is partnering with Gannett Health Services to provide professional consultation and referral services to all Cornell faculty, staff, postdocs, visiting scholars and retirees, said Gregory Eells, director of counseling and psychological services at Gannett and now also director of the FSAP.

Relocated to 409 College Ave., the FSAP offers free and confidential guidance and support to help with a wide range of personal and professional issues, life stresses and mental health concerns. These range from crises to supporting people with new and challenging life experiences, such as newcomers seeking to build a social network, veterans and/or families of veterans dealing with challenges of re-entering civilian life, and faculty members as they go through the tenure process.

"Whatever the stressor, whether something in your work site or department, a financial or legal concern, caregiving for an aging parent or dealing with grief – or whether you just need help clarifying an important life decision, adjusting to a health challenge or improving family communication – call 255-2673, and the FSAP can help you deal with it," said Eells.

Confidential in-person and phone appointments are available with dedicated FSAP counselors Jim Morris and Cindy Glenville during weekdays. When urgent concerns arise after hours or on weekends, employees can call FSAP for a confidential conversation with a member of Gannett’s on-call staff.

"Gannett’s partnership with the FSAP helps the university to better meet the diverse needs of the entire Cornell community," Eells said. "Those who call the FSAP at any time, day or night, will talk with someone from Cornell who is both experienced in dealing with confidential matters and familiar with the university’s culture and policies and with local area providers."

The search for an assistant director to oversee day-to-day operations of the FSAP is under way.

Noted Linda Croll Howell, director of worklife services in the Division of Human Resources and Safety Services, "Given the tremendous expertise and comprehensive approach to mental health Gannett already has in place for students, it made sense for Gannett to also take the lead in developing and running the support system for faculty, staff and other members of the Cornell community."

Eells said that the partnership between Gannett and the FSAP grew out of Cornell’s broad commitment to foster and support the mental health and well-being of the campus community, and will better coordinate efforts to cope with public crises, such as unexpected deaths.

"Because of the close-knit nature of the Cornell and Ithaca communities, almost any crisis that impacts one segment of the Cornell community impacts the others. If a student or faculty member passes away, that impacts not just other students or faculty members, but also staff members who knew that person," he said.

In the case of a campus crisis, some 40 mental health professionals are available to respond and be part of a larger effort to address the full range of emotional and mental health needs that may surface.

"The FSAP can serve as an entry point to the many services that the university makes available. It provides one more way for the university to build a ‘caring community’ through a comprehensive approach to the well-being of all members of the Cornell community," Eells said.
Your NetID password: Your key to university services

A t universities across the country, the theft of electronic IDs assigned to faculty, staff and students, such as Cornell’s NetIDs, is a rapidly growing problem.

Your NetID is your online identity at Cornell. Used with your NetID password, it provides access to your personal information and is the key to using such campus services as email.

For many of us, it also provides access to other people’s data. Protecting data placed in Cornell’s care by faculty, staff, and students is part of being a responsible network citizen. Keeping your NetID password safe is one way you can help protect everyone’s data on campus.

If someone steals your NetID password, they can gain access to any service that you can access with your NetID:

- Spam can be sent using your Cornell email. If this happens both you and the university could suffer consequences:
  
  1. The university email system could get blocked by Internet service providers who identify spam being sent from Cornell mail servers – spam from your email could be exposed to unauthorized individuals.
  2. You could lose time and productivity if the IT Security office needs to scramble your password, or if you receive a large number of bounced messages and complaints in your email.
- Technical journals and other licensed Cornell Library resources can be accessed, putting Cornell at risk of being blocked from using the resources or having the university license revoked.
- Your personal university information can be accessed, putting you at risk for identity theft.
- Depending on your job function at the university, sensitive or confidential information about other members of the community could be exposed to unauthorized individuals.

Commonly, NetID passwords are stolen when people are tricked into giving them away in phishing scams (fraudulent emails or web sites that often threaten consequences if you don’t provide personal information like NetID passwords).

Cornell’s IT Security office keeps a record of some of the fraudulent emails seen at Cornell (www.cit.cornell.edu/security/safety/phishbowl.cf).

When in doubt, remember that no one should ever ask you for your NetID password – not in email, not on the phone, not in person.

In an upcoming issue, we’ll review six common ways NetID passwords are stolen.

Tech Training Spotlight

Excel 2010 users: the advanced class helps you learn to create charts, format chart options, add graphics, create and modify pivot tables, and use helpful functions to maximize efficiency.

Register now for the Excel 2010 Charts, Pivot Tables, Formulas & Functions class scheduled for September 16. For a complete listing of technical training resources, see www.cit.cornell.edu/training.

Email questions to workshop-info@cornell.edu. 🐱

Bill Nye, The Science Guy, to dedicate new Rhodes Hall Solar Noon Clock, Aug. 27

A special lecture and the dedication of the new Rhodes Hall Solar Noon Clock, open to the public, will take place Aug. 27. The lecture, by Cornell alumnus Bill Nye ’77, The Science Guy, will be held at the Statler Auditorium, Statler Hall, at 11:30 a.m. After the lecture, the audience will move en masse to nearby Hoy Field to view and dedicate the clock as it strikes solar noon (1:07 p.m. EDT on Aug. 27).

The clock, designed by Nye, employs a special solar noon-indicator feature in the clock face. At solar noon, this sun-shaped feature glows with sunlight for several minutes.

Solar noon is the time when the sun reaches its highest point of the day, and it seldom corresponds to noon as reckoned by clocks and watches, says Nye. Thanks to Earth’s slightly elliptical orbit, the position of the sun changes in Earth’s sky daily. 🐱
Gerald S. Thomas, former deputy director of HR, dies at 75

Gerald “Gerry” Smith Thomas, Ph.D. ’78, died of complications of Alzheimer’s disease Aug. 16 in Ithaca. He was 75.

He is survived by his wife, Susan H. Murphy ’73, Ph.D. ’94, Cornell vice president for student and academic services; daughters Sarah (Samuel) Taylor ’86 and Julia Thomas ’91 and their mother; and three grandchildren.

Thomas, who held various management positions at Cornell over the years, including deputy director of the Office of Human Resources, served in the Management and Executive Education Program in the ILR School before retiring in 1992.

In the mid-1950s, Thomas attended a year of college – one of the first members of his Cincinnati, Ohio-based family to go to college – while serving in the military. He earned his B.S. and M.S. at Ohio University and his Ph.D. in the field of education from Cornell in 1978.

Thomas held positions in personnel management, development and training at the International Nickel Co. before being hired in 1971 as the first management development and training manager in University Personnel Services at Cornell.

Throughout his career, Thomas sought to help others succeed personally and professionally and was well known by Cornell staff, faculty and students and many others in the Ithaca community. He also wrote for a variety of publications with a focus on job development.

After retirement, Thomas pursued a variety of volunteer opportunities, including working in an Enfield Elementary School classroom. In 2007, the Cornell Retirees Volunteering in Schools program honored him with the Arlene C. Smith Volunteer of the Year Award. He also served on the board of directors at Family and Children’s Services and at Longview, a residential senior retirement community.

In lieu of flowers, gifts can be made to the Gerald Smith Thomas Memorial Fund at Weill Cornell Medical College to support the Memory Disorders/Alzheimer’s Disease Program. Checks should be made payable to Weill Cornell Medical College and sent to: Weill Cornell Medical College, Office of Development, 1300 York Ave., Box 123, New York, NY 10065. Individuals can also donate online at www.med.cornell.edu/ways-to-give by selecting “ways to give” and designating the gift as noted above.

A celebration of Thomas’ life will take place Aug. 27 at 2 p.m. in Sage Chapel, followed by a reception.
CALS got the Scoop on Summer

Members of the College of Agriculture and Life Sciences (CALS) community gathered to celebrate the 10th Annual Summer Scoop, Aug. 11 at the Ag Quad. This event, hosted by Dean Kathryn Boor, gave approximately 300-400 CALS colleagues the opportunity to take a reprieve from the daily work and enjoy more than 21 gallons of ice cream provided by the Cornell Dairy.

Although the Cornell Dairy Bar in Stocking Hall is now closed, members of the Cornell community can still purchase such ice cream treats from Perry’s Ice Cream as cones, sundaes, shakes, malts and ice cream cakes at Cornell Dining’s Trillium Express.

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CALS Associate Dean Jan Nyroop and Anja Timm of the Geneva Agricultural Experiment Station pull a shift scooping ice cream for the CALS community.

A crew from Plantations takes a well deserved break for some ice cream.

Nancy Fairchild and Angie Putnam dish up classic vanilla.

Ronald P. Lynch Dean of Agriculture and Life Sciences Kathryn J. Boor enjoys the festivities.

Plant Biology postdoc Cankui Zhang gets a scoop of raspberry sorbet.
Upcoming Cooperative Extension events

The following are upcoming events offered by (or in partnership with) Tompkins County Cornell Cooperative Extension. See http://cce-tompkins.org/calendar for more information and updated listings.

Summer Sprouts
Experience the wonders of gardening through stories and hands-on gardening projects. Last two free sessions: Sept. 7 and 14, 10-11 a.m., Ithaca Children’s Garden, Rt. 89 at Cass Park, Ithaca. Especially for young children ages 2-5 and their caregivers. Each session includes a story, hands-on activity and gardening in the Growing Gardens. Information: Leigh MacDonald-Rizzo at Cornell Cooperative Extension of Tompkins County 272.2292 x186 or email: lam26@cornell.edu.

Save energy, save dollars
Learn low- and no-cost ways to reduce home-energy use and programs to help you afford home energy-efficiency improvements at this free workshop, Sept. 7, 6:30-8:30 p.m., at the Cooperative Extension Education Center, 615 Willow Avenue, Ithaca. Each participating household receives a free Energy-Savers kit worth $15 that includes weather-stripping, shrink window cover, outlet and light switch insulators, and more. Pre-registration is required: contact Carole Fisher at Cornell Cooperative Extension of Tompkins County, 272.2292 or crf11@cornell.edu.

Consumer rights and responsibilities in the marketplace
A New York State Attorney General’s Office representative will make a brief presentation, then consult with individuals on unresolved consumer problems, Sept. 8, 11 a.m.-1 p.m., at the Cooperative Extension Education Center, 615 Willow Avenue, Ithaca. Free and open to the public. No appointment is needed. Presentations are taped and broadcast on Cable Access Channel 15 on Mondays at 7 a.m., 1 p.m., and 7 p.m. Information: Carole Fisher at Cornell Cooperative Extension of Tompkins County, 272.2292 or crf11@cornell.edu.

Learn Something New

Learn to ride
Faculty, staff, students and the public can register for horse-riding lessons at the Oxley Equestrian Center. Classes will begin Sept. 6; 12 one-hour classes cost $345 for those with a Cornell ID; $365 for non-Cornell participants. Students can register online for PE 1305; non-students are to come to the equitation office at Oxley (220 Pine Tree Rd). Classes range from Basic to Advanced. Call 272.0152 or email csf8@cornell.edu.

CARE Fund in need of donations
The Cornellians Aiding and Responding to Employees (CARE) Fund offers confidential financial assistance to faculty and staff who have experienced a non-recurring sudden or emergency-related financial hardship due to an unforeseen or unavoidable event. Financial assistance provided through the fund is intended to address the immediate, essential expenses by providing one-time funds to address the emergency financial challenge. The CARE Fund program is not designed to address ongoing financial challenges and is not a loan that requires the funds to be repaid.

The program is funded through the generous donations of faculty, staff and others who are interested in supporting faculty and staff in crisis, but unprecedented needs have exhausted the fund. Organizers are seeking donations from $5 to $500, and the Employee Assembly is planning an auction in October to raise further funding. For more information on donating to the CARE fund, visit http://hr.cornell.edu/life/support/care_fund.html or call 254.6814.

Keep informed; become a friend
Check out and join the Pawprint Facebook page for up-to-date information, events, photos, and more. You can keep up on the events that occur between editions simply by clicking the LIKE button and becoming a friend. Go to www.facebook.com, and do a search for Pawprint Staff Paper; it’s as easy as that. A Facebook account is required.
Wellbeing Programs @ Cornell
Kerry Howell

The programs offered below assist with personal growth and discovery, as well as healthy minds and bodies. They were designed with Cornell faculty, staff and retirees in mind.

Wellness Program
• “Eat to Lose Weight” live webinar, begins Sept. 6, noon-1 p.m., continues for a total of four sessions on Tuesdays. Join this class from your desk. Based on basic healthy nutrition, participants will learn how to consume a balanced diet and to decrease caloric intake. Registrants receive group coaching for positive behavioral change and will have the opportunity to track their intake via a computer program that provides instant feedback. Contact Beth at bm20@cornell.edu for more information. Held Tuesdays, noon–1 p.m., Sept 6, 13, 20, Oct. 4. Webinar participants will be contacted separately with information on how to connect. You must register for this offering. Open to the Cornell community. For more information: http://wellness.cornell.edu/ETLW_class.htm.

Work/Life Programs
• Caregiver Support and Education Network Meeting
Welcome to a new academic year. Are you providing care for an adult family member, spouse or friend? If so, you are invited to attend meetings of the Caregiver Support and Education Network. The facilitators will share strategies, tools and resources for coping with stress, caregiver guilt and burnout as well as information on local/national resources that may assist you. The first meeting of this support group will be held Sept. 15, noon-1 p.m., 254 Duffield Hall, and will meet the third Thursday of each month thereafter. Participants are welcome to attend when their schedule allows.

Johnson Museum opening reception
The Johnson Museum will hold its early fall exhibition, Sept. 1, 5-7 p.m., featuring live music by Molly MacMillan Trio, free refreshments and activities, and a cash wine bar by Finger Lakes Wine Center. A gallery talk will precede the reception at 4:30 p.m. with Cuban artist Carlos Garaicoa and Noel Smith, curator of Latin American and Caribbean Art at the University of South Florida Institute for Research in Art. Information: http://museum.cornell.edu.

Veterans Colleague Network Group to meet Sept. 19
The first fall meeting of the Veterans Colleague Network Group (VCNG) will be Sept. 19, noon-1:30 p.m., Barton Hall Blockhouse. The VCNG provides networking opportunities for the more than 400 staff and faculty working at Cornell who are veterans and for Cornell employees or family members who are non-veterans but want to support veterans’ initiatives.

The group is currently working on such projects as:
• Coordinating the Vet to Vet Mentoring Program;
• Presenting, along with other Cornell colleague network groups, the mission and vision of their group to President David Skorton at a Sharing Our World event;
• Collaborating with the Faculty and Staff Assistance Program to offer workshops on such possible topics as veterans returning to work, veteran re-acclimation, post-traumatic stress disorder and traumatic brain injury; and
• Developing and implementing a veterans icebreaker social event.

The VCNG is managed by veterans and supported by the Office of Workforce Diversity and Inclusion.
To subscribe to the veterans communication list, email Cassie at cpj25@cornell.edu.

Retirees help during Moving In day
Retiree David Burnett (middle) and Professor Emeritus Jack Clark volunteer for Information Outpost, Aug. 19, helping a student with directions. Begun by Emeritus Professor Madison Wright, Information Outpost is staffed by emeritus professors and other retirees to help new students and their parents find their way to their residence halls and to answer various questions they may have.

Welcome Weekend events
Welcome Weekend, August 26-28, offers a number of events open to staff and faculty as well as students. These include: Casino Night, Aug. 26, 10 p.m.-2 a.m., Willard Straight Hall (blackjack, craps, roulette, poker and bingo. Cash in your chips for raffle tickets. Free refreshments and great prizes. Show CU ID to attend); Street Fair, Aug. 27, 10 p.m.-2 a.m., Ho Plaza (late-night event with an international theme. Carnival games and refreshments, face painter, magician and performances by student groups. Free); Clubfest, Aug. 28, 1-4 p.m., Barton Hall (320 student organizations will be at this student activities fair. Performances by student groups. Free). Information: http://rso.cornell.edu/welcomeweekend/.
Calling all shutterbugs
Pawprint announces the annual photo contest

Pawprint invites you to share your photo finesse in a competition of fun and spirit. At least ten prizes will be awarded, including Best of Show. Winning entries will be featured in an October edition of Pawprint. Please read the rules thoroughly; some have changed. To view last year’s winners in each category, visit www.pawprint.cornell.edu.

Guidelines
Submit only one photo per category, to a maximum of six categories (i.e., the total number of photographs allowed by any one photographer per year is six). Categories are: Adults, Animals, Children, Cornell (any location), Humorous, Landscape/Nature, Special Effects (digital enhancement), Structures/Buildings and Unspecified.

Eligibility
Cornell staff, faculty, students, alumni and retirees are eligible. Family members of Cornellians, Cornell’s professional photographers, their support staff, student photography majors, contest judges and the Pawprint Editorial Board are asked not to participate. Winning photos from previous years’ contests are ineligible.

Judging
This is a contest for fun. Judges, chosen from Cornell’s photography and graphic design professionals, will look for composition, creativity and uniqueness: the capture of a mood or special moment. There won’t be a narrow focus on technical detail. The judging will be blind – that is, done anonymously without an indication of the name of the photographer who took the picture.

How to Enter
Tape the label to your 8 x 10 or smaller photos without frames, or write your information on the reverse side of the photo. Then send to: Valerie McMillen, Photo Contest Coordinator, 353 Pine Tree Rd.; this is a campus address. Use cardboard to prevent damage to your photo. Entries will be accepted through September 9 and returned after winners are announced in October. Photos that do not adhere to the rules will be returned. Any winning photographs may be used in a display during the next Employee Celebration event. Good luck!

Photo Contest Label
Name: _________________________________________________________
Campus/home address: _________________________________________
Campus/home phone: __________________________________________
Email address: __________________________________________________
Category entered: ______________________________________________
Photo title: _____________________________________________________
Do you have an electronic/digital copy of this image: yes or no
Send to: Valerie McMillen, Contest Coordinator, 353 Pine Tree Rd.
Ithaca, NY 14850. (Please fill out one label for EACH photograph submitted.)
FOR SALE

iMac G5, 20” LCD screen, 1.8 GHz, 2GB memory, OSX Tiger, 2 Firewire & 3 USB ports. Rocketfish camera included + more. $300 obo SMU1.

Campus-to-campus bus certificate. (Ithaca to NYC). Retail value is $150, sell for $125. CD238.

Men's XL Realtree camo insulated coveralls. Worn 3 times. $40. CMH5.


'00 Buick Century. In good condition. $3700. 229.8826.

Folding aluminum table. 30 x 24 x 60. S5. HRB1.

Cherry dry sink, excellent condition, $199, 43” wide, 19” deep, 38” high; drawer, 2 doors, and shelf. $199. REM27.

'03 Monte Carlo SS, inspected, 93,500k, v6, silver, new tires, '03 Monte Carlo SS, inspected, 93,500k, v6, silver, new tires, new battery, brakes and rotors, 19” deep, 38” high; drawer, 2 doors, and shelf. $199. REM27.

Couch and/or loveseat (lengths: 6’; 5’). 2 pillows incl. condition. $199, 43” wide, 38” high; drawer, 2 doors, and shelf. $199. REM27.


FOR RENT

Furnished 1 BR apt. off st., parking, bus, 2 mi to Day Hall. Grad student or professional preferred. Pets negotiable. $800 + elec. DHM2.

Classified guidelines for Classified Ads

Free to members of the Cornell community.

- Include name, campus phone, and category.
- Limit ad to 20 words or less.
- Ads selling goods or commercial services on an ongoing basis or promoting employment outside Cornell cannot be accepted.
- To run your ad more than once, you must re-submit it.
- Pawprint is not responsible for errors or unprinted ads, and retains the right to edit or reject any submission.

Submit classified ads via:

- online: pawprint.cornell.edu

Classified deadlines:

- Sept. 2 for the Sept. 9 issue

To submit events for Pawprint, visit www.pawprint.cornell.edu. Please submit listing two weeks prior to event.

FAMILY FUN, WITH A FOCUS ON SUSTAINABILITY AND HISTORY

The History Center in Tompkins County’s Family Day

Members of the local community are invited to a day of family-friendly activities focusing on sustainability, Aug. 27, 12:30-3:30 p.m., at The History Center, 401 E. State Street, Ithaca. Partners on the programs include Gardens 4 Humanity, the Ithaca Children's Garden, the Museum of the Earth, the New Roots Charter School, Sustainable Tompkins, and Way2Go. Programs will be both engaging and child-friendly, discussing aspects of sustainability today and in the past. Music will be by June Apple, and free ice cream will be supplied by Purity Ice Cream.

The History Center in Tompkins County helps people use the tools of history to understand the past, gain perspective on the present and play an informed role in shaping the future. Family Day is part of a year-long series on the history of the local sustainability movement, made possible through the New York Council for the Humanities.

Information: Agata Okulicz-Kozaryn, 273.8284, email: admin@thehistorycenter.net, www.thehistorycenter.net.

Cornell Concert Series tickets now on sale

Presenting a wide range of art music from traditional to modern, and creative explorations of both, the Cornell Concert Series brings a 109th year of internationally-acclaimed concert artists to Cornell University beginning Sept. 24 with early music group The Rose Ensemble. Tickets are now on sale for all 10 of the individual concerts: in person at Ticket Center Ithaca, downtown in Center Ithaca on the Commons; by phone (800) 284-8422; and online at www.BaileyTickets.com.

Subscriptions sales are also available online at www.BaileyTickets.com (where customers can also select their own seats) in addition to sending subscription order forms to the CCS office at 101 Lincoln Hall.